



## ADOPT-A-PARK, PICK-A-PARK, SPONSOR-A-PARK OR PARK PROJECT

# SAFETY TIPS

**REMEMBER...** Along a roadway is a dangerous place to be. Every crew member should possess these qualifications:

- . At least 12 years of age, unless otherwise permitted
- . Mentally alert; good common sense
- . Good physical condition, including sight and hearing
- . Sense of responsibility for safety of self and others
- . Supervision for workers under age 18

### PLAN AHEAD...

- . Review safety precautions, and take them seriously.
- . Assign work teams and leaders before you reach the site. Distribute trash bags beforehand. Estimate the amount of time for your pick up, and agree on a meeting place when you're done.
- . Bring along an adequate first aid kit. Identify the nearest hospital and know how to get there in an emergency.
- . Don't overexert yourself. Bring along a supply of drinking water and take breaks.
- . Work only during daylight hours during good weather.
- . Do not crush collected trash to make more room in the bag; broken or jagged objects could cause accidental injuries. Do not put syringes or hypodermic needles in the trash bag, as they can easily puncture the bag and cause serious injury. Take care to dispose of them properly.

### WORK AROUND STREETS...

- . Carpool to the site to reduce the number of vehicles along the road. Park vehicles on the shoulder in advance of the area that crews are working.
- . Work one side of the road at a time. Do not cross the road to get to your vehicle.
- . Whenever possible, face oncoming traffic. Stay alert and be prepared to move out of the way in an emergency. Stay with your team.
- . Do not wear headsets which could prevent your hearing traffic or other hazards.
- . Do not horse around or do anything to purposely distract drivers.

### WHAT TO AVOID...

- . Stay away from construction sites, mowing activities, open water, bridges, overpasses, or retaining walls that could be dangerous for pedestrians.
- . Avoid poison ivy or other noxious weeds. Stay away from recently applied herbicides.
- . Never try to pick up heavy, large, or hazardous materials. Notify the City of Coon Rapids for pick up.

### WHAT TO WEAR...

- . Heavy gloves
- . Heavy leather shoes or boots
- . Light-colored clothing; brightly colored cap
- . Hat and long sleeves for sunburn; sunscreen; insect or tick repellent
- . High visibility vests (for work around streets)